

**Northville Swim Club**  
Swim Team Parent Handbook  
2010



GO  
Penguins!

NORTHVILLE SWIM CLUB PENGUINS  
Parent Handbook

## Contact Information

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### **Northville Swim Club**

248-349-6670

### **Paul Young**

Coach

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### **Baily Talbot**

Coach

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### **Mary Jensen**

Northville Swim Club Board Member

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### **Swim Team Barbecue**

June 13, 2:00-5:00 p.m. Pre-season Barbecue.

### **Stroke Clinic**

June 14+15, 17+18. This clinic is intended to help our younger less experienced swimmers with stroke technique, and to help coaches evaluate our swimmers prior to the season starting. We are asking our older and more experienced swimmers to assist our coaches with Stroke Clinic. All previous team members and those interested in joining are encouraged to participate.

### **Practice Schedule**

Saturday, June 19 – **First Practice**

9:00am to 10:00 am - 11 years and up

10:00am to 11:00 am - 10 years and under

Monday, June 20 - **Regular practice times** Monday-Friday:

7:30- 8:30 a.m. - Intermediate Team (Swimmers who can swim all four strokes legally and complete 200 meters with out stopping.)

8:30 - 9:15 a.m. - Developmental (Swimmers who are working on completing a length of the pool and need help learning the strokes.)

9:15 - 10:15 a.m. Advanced - (Swimmer who have swum competitively outside summer swim league i.e. High school, middle school or club swimming)

\*\*\*Please note, many practice times have changed from last year.

If you have any question regarding which practice your child should attend, please ask Coach Paul, Coach Baily or Mary.

### **Suit Fitting**

DIFFERENT STROKES SWIM SHOP will be at Northville Swim Club, Saturday June 19<sup>th</sup> beginning at 10:00am, they will have the team suit and other supplies such as goggles, flip flops and practice suits. Please note, the team suit is recommended but not mandatory. The team suit is the Speedo Stars Flyback in blue for girls, the boys suit will remain the same. A graphic of the suit is posted on the swim club website. You may also go to different strokes and pick up your suit any time. They are located at 19651 Middlebelt Rd. in Livonia. 248-477-0521. Northville Swim Club team members will be given a team discount on the suits.

### **Parent meeting**

An informational meeting will be held Saturday June 19<sup>th</sup> at 11:00 am at the club. We will be discussing the upcoming season, the expectations of coaches, managers, swimmers and parents, and the great activities our coaches have planned. **All new swim team families are expected to attend.** Since there will be several new things happening this year, **returning families are strongly encouraged to attend.**

## **SWIM MEETS**

### **Meet Schedule**

6/22 Blue v. White

6/24 vs. Newburgh

6/29 @ Fairway Farms

7/1 vs. Burton Hollow\*

7/8 @ Colony

7/15 @ Newburgh

7/20 vs. Colony

7/22 @ Burton Hollow

7/27 vs. Fairway Farms\*

8/1 League @ LCRC

\*DJ will be playing immediately following the swim meet.

### **Vacation, Volunteer and Requests Binder**

Our vacation and volunteer binder will be located at the NSC front desk. Each meet will have it's own section to record:

- **Vacations or meet absences.** If we have not been notified of an absence 48 hours in advance, the coaches will expect your child to participate in the meet. (Illness is excluded.) Failure to participate in a meet which a swimmer is schedule may result in the swimmer not being placed in future relays or point heats.
- **Volunteer Jobs** - Please sign-up for your preferred volunteer positions.

- **Coach's Requests** - If your swimmer or swimmers parent would like to see them swim a specific event please let the coached know 48 hours in advance, and they will do their best to accommodate the request.

### **Warm-Ups and Check-in**

Warm-ups begin at 5:00 p.m. Please have your swimmers to the pool by 5:00 and check in with the meet Marshall. Any swimmer not checked-in prior to 5:30 will be written out of the meet. Exceptions can be made if coaches or manager are notified prior to 5:00.

### **Team Area and Marshalls**

The Penguins will have a designated area for each swim meet home or away. The Marshalls and age group parents will be located in the team area. When swimmers check in with the Marshalls, they will double check the events each swimmer is swimming. Prior to the events, Marshalls will distribute heat and lane assignment cards to the individual swimmer or the relay captain.

### **Blue v. White Meet**

This year we are starting our season off with an intrasquad scrimmage. This is a great way for our coaches to evaluate the swimmers before meets start, and fun way to kick-off the season.

### **League meet**

The league meet is the final meet of the year and is a great event. This year League Meet is scheduled for Saturday, August 1st at the Livonia Community Rec Center. Your swimmer has worked hard all summer and this is a great way to finish the season. The Northville Swim Club is this year's league meet host.

## **VOLUNTEERS ARE NEEDED!**

We rely heavily on a group of volunteers to make sure that each meet runs smoothly and efficiently. If you have a swimmer on the team, we need your family to provide one volunteer for at least one home meet and one away meet. Because we are hosting the League Meet this year, we will also need at least one parent to work at or help prepare for the championship meet on Sunday August 1<sup>st</sup>

For both the dual meets during the season as well as the League Meet Championships, we will do our best to put you in the jobs you request. The volunteer list will be posted the day of the regular season meets and you will receive a reminder call the day before you are to work.

Meets cannot start on time or run smoothly without enough volunteers. Let's make sure we do all that we can to provide a generous amount of support to our club and our swimmers.

## Jobs

LANE TIMER: Home and away meets. Time and record each swim in your assigned lane.

MARSHALL: Home and away meets. Be available before the meet for pre-meet check in of the swimmers. This will allow the coaches to prepare the kids for the meet. Home Distribute entry cards to the swimmers, help organize the 8 & under swimmers both individual and relays and make sure the kids make their events.

FINISH JUDGES: Home meets only. Call race finishes for every heat.

STARTER: Home meets only. Run meet call swimmers for the races and insure a fair start for each heat.

ANNOUNCER: Home meets only. The announcer will help move the meets along.

RIBBON WRITERS: Home meets only. Write names and times on ribbons for each race.

SCOREKEEPER: Home meets only. Score meet based on league rules and race finishes.

CONSESSIONS: Home meets only. Selling pizza and baked goods. Funds help with team costs.

**EACH HOME MEET REQUIRES 4-5 TIMERS, 4 MARSHALLS, 2 FINISH JUDGES, 2 STARTERS, 4 RIBBON WRITERS, 1 SCOREKEEPER, 3-4 CONSESSIONS**

***Volunteering Positions for League Meet are similar and will be covered at the June 19<sup>th</sup> Parents Meeting. A listing of those positions will be placed on the League Meet page of the website that will be posted shortly after the start of the season.***

## OTHER IMPORTANT INFORMATION:

### **Bake sale donations**

The following schedule will be used. Please bring at least one dozen baked goods on your date. If you will not attend the meet please bring them the next home meet you attend. Last name ending in:

A – F 6/18      G – L 6/25      M – R 6/30      S – Z 7/21

### **Wave pool**

July 13<sup>th</sup>...No practice! No Swim Meet! We're going to the Waterford Oaks Wave Pool. Each child will need to have a parent or a designated adult accompany and transport them to the water park. We will leave the Northville Swim Club at 11:00 or you can meet us there.

1702 Scott Lake Road, Waterford, MI 48328  
(Between Dixie Highway and Watkins Lake Road)

### **End of the year banquet**

Following the league meet we will have the end of the year awards banquet. Dinner, awards and music are planned for the evening. Even if you don't swim in the meet, plan on attending this fun event.

### **T shirts, Caps and Spirit Wear**

Each swimmer receives a team t-shirt and cap as a member of the team. Additional Spirit Wear is available samples and order forms will be available at stroke clinic and the first practice.

### **Team pictures**

Team pictures will be taken July 1 at 3:00 p.m. Order envelopes will be in your child's team folder.

### **Fire Up Breakfast**

The team will have a fire up breakfast and poster making on Saturday, July 31. Time TBD. Breakfast will be served after practice sessions and poster supplies will be provided!

### **Mailboxes**

Each family will have a mailbox folder in the front of the clubhouse. They are located across from the check in desk. Please check this box daily for announcements, your meet ribbons and other important information.

### **Fourth of July Parade**

Please join the coaches and team in creating a float and participating in the Northville 4<sup>th</sup> of July Parade. A float work day has been scheduled for July 2. You will be notified when we have scheduled additional dates.

### **Directions to other clubs:**

Burton Hollow Swim Club: 34700 Bristol St. Livonia 48150. 734-591-1767. Take 6 mile east of Newburgh to Riverside. Turn south on Riverside to Bristol. Turn east on Bristol to club entrance. [www.burtonhollow.com](http://www.burtonhollow.com)

Colony Swim Club: 8300 N. Beck rd. Plymouth, 48170. 734-459-4333. Take Beck Rd south of Joy Rd. Club entrance is the first drive past the entrance to Plymouth High School. [www.colonyswimclub.com](http://www.colonyswimclub.com)

Fairway Farms Swim Club: 16225 Levan Rd. Livonia, 48150. 734-462-0400. Take 6 Mile east of Newburgh to Levan. Take Levan south to club. [www.fairwayfarms.org](http://www.fairwayfarms.org)

Newburgh Swim Club: 15915 Newburgh Rd, Livonia. 48150. 734-464-2224. The club is between 6 and 5 mile Rd on Newburgh Rd. [www.newburghswimclub.com](http://www.newburghswimclub.com)